

July-August 2019

# HORIZONS

The Magazine of the Aberdeen Boat Club



ABC Club Racing



# SAILING CALENDAR

July 2019				
Dates		Yachts - ABC	Dinghy	Yacht - Other clubs
<b>Mon</b>	<b>1</b>			COA HKSAR Day Macau Race / DBYC Sai Kung Expedition
<b>Sun</b>	<b>7</b>		Tong Po Chau Series - Summer 2 (ABC)	HHYC Typhoon 3
<b>Sat</b>	<b>13</b>			HHYC Summer Saturday 3
<b>Sun</b>	<b>14</b>	ABC Summer Series 5		
<b>Sun</b>	<b>21</b>			HHYC Typhoon 4
<b>Sat</b>	<b>27</b>			HHYC Summer Saturday 4
<b>Sun</b>	<b>28</b>	ABC Summer Series 6		

August 2019				
Dates		Yachts - ABC	Dinghy	Yacht - Other clubs
<b>Sat</b>	<b>3</b>			HHYC Typhoon 5
<b>Sun</b>	<b>4</b>			HHYC Mirs Bay Return
<b>Sat</b>	<b>10</b>			HHYC Summer Saturday 5 / COA 5 Pubs / Clubs Rally Day 1
<b>Sun</b>	<b>11</b>		Tong Po Chau Series - Summer 3 (ABC)	COA 5 Pubs / Clubs Rally Day 2
<b>Sun</b>	<b>18</b>			HHYC Typhoon 6
<b>Sat</b>	<b>24</b>			HHYC Typhoon 7
<b>Sun</b>	<b>25</b>	ABC Summer Series 7		





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Link-up Design Limited  
Room 9, 6/F, Block B,  
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Tel: 2117 9943  
Email: info@linkupdesign.com  
Website: www.linkupdesign.com

**Copyright:**  
Aberdeen Boat Club  
**Editorial Contact:**  
Martin William  
martin@drmartinwilliams.com  
**Advertising Sales Contact:**  
David Lee  
david@linkupdesign.com

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**Aberdeen Boat Club**  
20 Shum Wan Road, Aberdeen, Hong Kong  
**香港仔遊艇會**  
香港仔深灣道二十號  
www.abclubhk.com  
Fax: 2873 2945  
General Line: 2552 8182

**Flag Officers**  
Chris Pooley • Commodore – Chairman  
Alan Child • Vice Commodore  
Richard Walker • Rear Commodore House  
Graeme Brechin • Rear Commodore Sailing and Marine  
Matthew Johnson • Honorary Treasurer  
Nick Bodnar-Horvath • Honorary General Secretary

**Management and Staff**

<b>General Manager</b> Philippe de Manny Tel: 2553 3231 genman@abclubhk.com	<b>Operation Manager</b> Alok Kumar Tel: 2552 8182 Ext 838 operationmanager@abclubhk.com
<b>General Manager's Personal Assistant</b> Selina Mak Tel: 2552 8182 Ext 812 gmpa@abclubhk.com	<b>Marine Services Manager</b> Alex Johnston Tel: 2518 9523 marine.services@abclubhk.com
<b>Membership Service Manager</b> Cobo Liu Tel: 2553 3032 mbs@abclubhk.com	<b>Food and Beverage Manager</b> Robin Sherchan Tel: 2555 6216 fmb@abclubhk.com

**General Enquiries**  
Tel: 2552 8182

**The Galley Coffee Shop**  
Tel: 2554 9494

**Four Peaks Restaurant**  
Tel: 2553 3422

**Night Guard  
Emergency Contact**  
Tel: 9154 0426

Horizons welcomes ABC member contributions of articles and photos.  
Please contact the editor at martin@drmartinwilliams.com



## COMMODORE'S LETTER



Chris Pooley  
*Commodore*

### CAMPARI AND SODA .....

Add a twist of orange and lots of ice, and what could be more refreshing on a warm July afternoon on the ABC Terrace? Or perhaps a Tom Collins or a bottle of the GM's Provençal rose, chilled to perfection. Regardless of palate preferences, the Terrace and its view at this time of year is something we can all enjoy ... rain permitting!

JULY ... from the original Latin Julius, so named by Mark Antony in honour of Julius Caesar after his assassination. Caesar was born in 100 BC on the 12th of what was, in the Roman calendar, the 5th month of Quintilis. As every schoolchild knows Caesar gave his name to the Julian calendar, introduced in 46 BC, which replaced older Greek and Alexandrian models and was used throughout the Western World until replaced by Pope Gregory in 1582. Owing to a miscalculation of Leap days, the Julian calendar was refined over a period of 20 years from 8 BC by the Emperor Augustus [who, as Octavian then, had defeated Mark Antony – and Cleopatra – in the naval engagement of Actium in 31 BC]. This led the Plebiscite to re-name the 6th month of Sextilis in his honour. The first day of

each Roman month was called the Kalends – hence calendar.

The traditional Chinese calendar, being lunar based, has some similarity to that of the ancient Romans. Thus the Chinese 6th and 7th months fall between 21 June and 23 August, approximating to the 5th and 6th Roman months. Heat is the dominant characteristic of these two months, recognised as such by the Chinese with the descriptive terms of : Moderate Heat day [ 小暑 , Xiao Shu] when "Torridity comes", and Greater Heat day, the "Hottest Moment" [ 大暑 , Da Shu], which this year fall on 7 and 23 July, respectively. These are followed by [ 立秋 , Li Qiu ] on 8 August, when Autumn begins: even though the heat does not subside until 23 August, "Heat Hides" [ 處暑 , Chu Shu]. Any knowledgeable correction to my poor transliteration and translation efforts would be more than welcome!

And what could be more fun in the heat than to enjoy the enhanced facilities and cool breezes [along with first lines q.v. !] on Middle Island from late July, for those who are not overseas during this holiday season.

On the subject of dates, watch out for: The GM's notice of the re-opening of Middle Island, the final Summer Series Race and Prize-giving on 23 August and, to come, the Opening Regatta over the weekend of 28–29 September, when Autumn really does begin!

With that, I wish all readers much fun and relaxation wherever these two months will be spent.



**ABC Junk for Hire**  
Available for Parties, Day Trips and Water Sports

Pick-up at ABC, Central pier, Causeway Bay or TST public pier. The ABC can provide food and beverages including a range of hot and cold dishes, desserts and drinks. ABC chef and waiters are available. Email [fmb@abclubhk.com](mailto:fmb@abclubhk.com)

Rental of speedboats, banana boats and water ski can be arranged via Freely Marine Services at 9276 2932.

Daytime: 9am – 5pm  
Night-time: 6pm – 11pm  
Monday – Friday: HK\$4,900  
Saturdays, Sundays and public holidays: HK\$5,600  
Maximum passengers: 42

For details, please contact ABC membership services manager Cobo Liu at 2553 3032 or [mbs@abclubhk.com](mailto:mbs@abclubhk.com)

# Member-Get-Member Program

## 會員推薦計劃



It's wonderful to be surrounded by friends and family to share good times. In that vein, we are launching our Member-Get-Member membership program. We'd like you to invite your family, friends, and colleagues to become Members of the Club. Keeping our membership levels healthy is good for all of us. What makes it even better is that we're sweetening the deal for you.

Successfully refer a new Member to the Club and we'll make sure you're handsomely rewarded. Depending on the type of membership purchased, you may enjoy up to 6 months waiver of your monthly dues and minimum F&B.

*Now that's a great deal!*



Successfully refer one debenture membership, to receive 12 months of free subscriptions



Successfully refer one nominee subscriber membership, to receive 6 months subscription waiver



Successfully refer one associate membership, to receive 2 months waiver

推薦人可獲月費豁免，詳情請致電 2553 3032 會籍部經理 Ms Cobo Liu 查詢。

*Double the successful referrals, and we shall double the reward.*

Promotion period from **15 May to 15 July** – which, coincidentally, is when Middle Island reopens.

Please contact the membership Manager Cobo, or General Manager Philippe, regarding potential new Members.





## CLUB NEWS AND ACTIVITIES

### RULES REMINDER: NEW BYE-LAW FOR THE CAR PARK

Any member parking his or her vehicle in the Club car park but failing to display a valid Club parking label for the parked vehicle shall upon first offence, receive a warning letter from the Club; upon second offence (within 12 months of the first offence) shall incur a fine of HK\$500 and in the event of a third or further offences (within 12 months), the right to park in the Club car park shall

be suspended for such period as the General Committee shall think fit without entitlement to any refund for any period of suspension.

Any member parking his or her vehicle in the Club car park with a valid label without the member using any paid Club facilities during the day of parking shall incur a parking charge of HK\$1,600 per day.



## Summer Series 2019

Summer breeze, island sailing, lunch at seafood restaurant...Yes the Summer Series is back!

Register online. Start line location will be announced on the club website by 09:00 am each race day.

Don't forget to pack camera, sunscreen, water and other items (hint: beer/wine) to make the casual summer racing even more relaxing and enjoyable!



## Tong Po Chau Series - 2019

### Race dates

Summer 2 - 7 July

Summer 3 - 11 August



No matter whether you would like to participate in a fun, relaxed dinghy race or would like to improve your racing skills, come join the series.

Richard Knight will be on hand to offer tips and feedback. Don't miss this great opportunity!

Dinghy races start at 1:30pm - Members need to register online in advance.

Visit our club website to register!



# SUMMER SERIES 2019



19 May

2, 16, 30 June

14, 28 July

25 August

[www.abclubhk.com](http://www.abclubhk.com)



**PERONI**  
ITALY





## SAILING & MARINE UPDATE



### Sail Training - Summer 2019

We have started replacing boats that were damaged or lost during Super typhoon Mangkhut.

Therefore we look forward to welcoming a host of new dinghies, giving us the opportunity to provide you all new and exciting courses and better sailing experience!

With that in mind, we have published our summer course dates.

Visit our website for the latest information and application deadline.

Remember to apply early to get the 'EARLY BIRD' discount!



### RYA Powerboat Level 1 & 2 Courses

This two-day, entry level course provides the skills and background knowledge needed to drive a powerboat and is the basis of the International Certificate of Competence.

Next course dates:

27 & 28 July                      10 & 11 August  
7 & 8 September

For more information and online registration, please visit the club website.



### Sun Bum - Trust the bum

Would you like to have a sunscreen that not only does the job in protecting your skin (Water resistant 80 mins), it also smells great and most importantly, it is "Reef Friendly"! Sun bum sunscreens does all the above!

Currently the club shop sells the following:

1. SPF 50 Sunscreen lotion (8 Fl. Oz) - \$200
2. SPF 50 Clear Zinc Oxide (1 Fl. Oz)- \$160
3. Cool Down Lotion - \$110

The club shop also sells their Mineral sunscreen and Baby bum sunscreen. Check out the club shop!



### Typhoon Preparation

Summer is fast approaching and we would like to take this opportunity to remind all mooring holders to carry out all typhoon preparations before typhoon signal no. 3 (T3) is hoisted.

The marine staff will be deployed to carry out club typhoon preparation procedures therefore, please ensure that you carry out preparation work with ample time as ferry and sampan service to carry members might stop before T3 is hoisted.

The mooring holders are responsible for carry out typhoon preparation for their own vessels.

All ferry and sampan service will stop once T3 is hoisted.





**POWERBOAT LEVEL 1 & 2  
COURSE**

**SAFETY POWERBOAT COURSE**

**NEW COURSE DATES!!**



## **SAFETY POWERBOAT COURSE**

This course provides the skills required when acting as an escort craft, safety boat or coach boat for a fleet of dinghies, windsurfers or canoes, or for racing or training activities.

It includes rescue techniques and elements of race management and mark laying.



# 2019 ABC Summer Youth Sailing Programme

The summer school holidays are a great time to be on the water and is a popular time so courses fill up quickly. This year we are introducing our 'Reacher' courses which are structured practice sessions aimed at building upon skills previously learnt and along with fun games.

BOOKING OPENS at [www.abclubhk.com](http://www.abclubhk.com). Please note that spaces can only be reserved by completing our online booking system with full payment. You can see the number of places remaining online. We cannot reserve course slots by email or telephone.

## Course timing:

AM course: 9am – 12:30pm (meet 8:50am at main clubhouse)

PM course: 1pm – 4:30pm (meet 12:50pm at main clubhouse)

Full-day course: 9am-4:30pm (meet at 8:50am at main clubhouse) Lunch included on full day courses except for 'Sailing Trip' and 'Assistant Instructor Course'

## Monday to Friday Courses

**Application Deadline: 10 days before the start of the course**

July				August					Time	Activity (Detail / Entry requirements)	Regular Price Cost HK\$: (Member/NM)
1	8	15	22	(Jul) 29	5	12	19	26			
?	?	?	?	?	?	?	?	?			
5	12	19	26	2	9	16	23	30			
✓	✓	✓	✓	✓	✓	✓	✓	✓	AM	<b>Junior Stage 1</b> Age 7 – 11 can swim with water confidence	1,420 / 2,090
✓	✓	✓	✓	✓	✓	✓	✓	✓	PM	<b>Junior Stage 2</b> Age 7 – 11 Pass Optimist Stage 1	1,420 / 2,090
✓	✓	✓	✓	✓	✓	✓	✓	✓	PM	<b>Junior Stage 3</b> Age 7 – 11 Pass Optimist Stage 2	1,420 / 2,090
✓		✓		✓		✓		✓	AM	<b>Junior Stage 4 Race Intro</b> Age 7 – 11 Pass Optimist Stage 3	1,420 / 2,090
	✓		✓		✓		✓		AM	<b>Junior Reacher</b> Age 7 – 11 Pass Optimist Stage 3 or 4	1,420 / 2,090
✓	✓	✓	✓	✓	✓	✓	✓	✓	9-5	<b>HKSF Level 1 &amp; 2 Beginner Course</b> Age 11 – 18 can swim with water confidence	3,300 / 3,980
✓			✓		✓			✓	9-5	<b>HKSF Level 3 Improver Course</b> Age 11 – 18 Pass HKSF Level 2 with 1 year sailing experience since	3,300 / 3,980
✓		✓		✓		✓		✓	9-5	<b>RS Feva Introduction Course (3 days)</b> Age 11 – 18, passed HKSF L2	1,980 / 2,388
✓		✓		✓		✓		✓	9-5	<b>RS Feva Gennaker Course (2 days)</b> Age 11 – 18, passed RS Feva Introduction	1,320 / 1,592
	✓		✓		✓		✓		9-5	<b>Youth Reacher (3 days)</b> Age 11 – 18, passed HKSF L2	1,980 / 2,388
	✓		✓		✓		✓		9-5	<b>Club Racer (2 days)</b> Age 11 – 18, passed HKSF L3	1,320 / 1,592

## Weekend Course

<b>1 Day Course</b> 28 Jul or 25 Jul	9-5	<b>Sailing Trip (1 day)</b> Age 11 – Adult, passed HKSF L3	N / A	660 / 796
<b>14 Jul or 11 Aug</b>	10am – 12pm or 3pm – 5pm	<b>Stand Up Paddleboard Intro</b> Age 11 – Adult, can swim with water confidence	N / A	450 / 500



## Autumn Junior and Youth Sailing Courses

Bookings will open on 2 July through [www.abclubhk.com](http://www.abclubhk.com). Booking deadline is 10 days before the course start date. ABC reserves the right to cancel courses at any time if there are insufficient applications.

### Saturdays

Option 1	Option 2	Course	Time	Cost HK\$: (Member/NM)
Aug 31 Sep 7, 14, 21 Oct 5, 12	Oct 19, 26 Nov 2, 9, 16, 23	Junior Stage 1 Junior Stage 3	9am to 12:30pm	\$1,704 / \$2,508
		Junior Stage 2 Junior Stage 4	1pm to 4:30pm	

### Sundays

Option 1	Option 2	Course	Time	Cost HK\$: (Member/NM)
Sep 1, 8, 15, 22 Oct 6, 13	Oct 20, 27 Nov 3, 10, 17, 24	Junior Explorer	9am to 12:30pm	\$1,704 / \$2,508
		Junior Stage 1	1pm to 4:30pm	
		Youth Explorer	9am to 4:30pm	\$3,960 / \$4,776

## October and Christmas School Holidays

October				December		Time	Activity (Detail / Entry requirements)	Early Bird Discount booking before 2 September 2019 Cost HK\$: (Member/NM)	Regular Price Cost HK\$: (Member/ NM)
(Sep)									
30	7	21	28	16	28				
✓	✓	✓	✓	✓	✓	AM	<b>Junior Stage 1</b> Age 7 – 11 can swim with water confidence	1,278 / 1,881	1,420 / 2,090
✓	✓	✓	✓	✓	✓	PM	<b>Junior Stage 2</b> Age 7 – 11 Junior Stage 1	1,278 / 1,881	1,420 / 2,090
✓	✓	✓	✓	✓	✓	PM	<b>Junior Stage 3</b> Age 7 – 11 Junior Stage 2	1,278 / 1,881	1,420 / 2,090
✓	✓	✓	✓	✓	✓	AM	<b>Junior Stage 4</b> Age 7 – 11 Junior Stage 3	1,278 / 1,881	1,420 / 2,090
✓	✓	✓	✓	✓	✓	PM	<b>Junior Reacher</b> Age 7 – 11 Pass Optimist Stage 3 or 4	1,278 / 1,881	1,420 / 2,090
✓	✓	✓	✓	✓	✓	9am - 4:30pm	<b>HKSF Level 1 &amp; 2 Beginner Course</b> Age 11 – 18 can swim with water confidence	2,970 / 3,582	3,300 / 3,980
	✓			✓		9am - 4:30pm	<b>HKSF Level 3 Improver Course</b> Age 11 – 18 HKSF Level 2 with 1 year sailing experience since	2,970 / 3,582	3,300 / 3,980
✓	✓	✓	✓	✓		9am - 4:30pm	<b>RS Feva Introduction Course (Mon to Wed)</b> Age 11 – 18, passed HKSF L2	1,782 / 2,150	1,980 / 2,388
✓	✓	✓	✓	✓		9am - 4:30pm	<b>RS Feva Gennaker Course (Thu to Fri)</b> Age 11 – 18, passed RS Feva Introduction	1,188 / 1,433	1,320 / 1,592
	✓				✓	9am - 4:30pm	<b>Youth Reacher (3 days)</b> Age 11 – 18, passed HKSF L2	1,782 / 2,150	1,980 / 2,388
	✓				✓	9am - 4:30pm	<b>Club Racer (2 days)</b> Age 11 – 18, passed HKSF L3	1,188 / 1,433	1,320 / 1,592



# Fun in the Sun

By Richard Knight – MI Sports and Recreation Manager

## SAILING COURSES

By the time this reaches you we will be well into our summer sail training programme. We have received over 300 bookings and we hope those that have booked have found our new online booking system useful. Although a number of our courses are fully booked we still do have capacity in the second half of August. Check online for our latest availability.

On the 17th June we received our first new fleet of dinghies, 12 new RS Tera dinghies. These are already in use and will be our main dinghy for our 7 to 11 yr olds before they step into the Optimist if they are getting into racing through the Racing Academy.

We are now looking towards our Autumn programme and the following will give you a taste of what is coming up.

On Saturdays and Sundays we will be offering Stage 1 to 4 courses as well as the Junior and

Youth Explorer Courses. As explained in previous editions of Horizon the Explorer programme has been designed to develop sailors but on a non-racing focused pathway. As well as working on core boathandling skills the Explorers will develop good seamanship practices and have opportunities to sail on different boats and in different sailing areas. Team work will play a big part of this programme as we aim to further develop the skills our Explorer sailors.



New RS Tera



## ABERDEEN RACING ACADEMY

As well as the summer training we also have a number of ARA sailors competing overseas in July and August. Casey Law will be part of the Hong Kong Optimist Dinghy Sailing Team taking part in the World Championships in Antigua from the 6th to 16th of July.

After this event Casey will head to Gdynia, Poland to team up with Augustin Clot for the 29er World Championships taking place from the 26th July to 3rd August. They will join Malo Kennish, Anatole Martin, Karrie Clark and Penelope Martin who will have just completed at the Youth Sailing World Championships in the same venue from 13 to 20 July. The team will benefit from the local knowledge of our Head Coach Szymon Mokowski as he grew up sailing on these waters. There will be a total of 6 Hong Kong teams at the Worlds and they will be well supported with coaches from ABC, RHKYC and HKSI.

We wish all these teams the best of luck and we know it will be an experience they won't forget. We will be sharing updates of their events through the ABC Facebook page and in the next edition of Horizons.



ARA's Ethan Kong Sailing Blindfolded



ARA Optimist A team join the ABC Club Racing

## INTRODUCING OUR NEW RANGE OF WELLNESS COURSES AT ABC

We are very excited to welcome Dr. Michelle Lee, who will be delivering our new range of Wellness courses out of the newly renovated Clubhouse at Middle Island. Full details are available on the ABC website under 'Activities' and 'Wellness Programs'.

To start off the program there will be three main age groups. The Adult course will include a 'Functional Stretching and Toning Series' that is aimed at a full body stretch and sculpt for the working parent, office worker and specific stretches for head, neck and back relief. The 'Fitness for the young student' series will target functional fitness for screen time awareness, exam relief as well as fitness for improved coordination and for immunity boosting! Meanwhile the 'Fitness for kids' will target the 3 to 6 year olds and focus on buddy play as well as coordination and immunity boost fitness programs.





# Summer Series Race 2

By John Currie

This was my second attempt at being RO whilst Alex Smith undertook his annual 'Busman's holiday', attending Koi Samui Regatta. Last year, to my dismay, the race was cancelled due to a loitering typhoon that never actually materialised. Keeping an eager eye on the weather for Summer Series 2, HK Observatory & Wind Guru were both for once in tandem, and forecast a SSW force 4 wind and fine conditions, which was perhaps too good to be true!

There was a good vibe at ABC breakfast, and I noticed crews were not overloading but keeping room for consumption at the designated finish (Restaurant), emphasising the 'social theme' of ABC Summer Series boating.

Upon reaching MI at 9:45, the weather gods had other ideas, as there was no sign of the expected wind. With 19 yachts patiently milling around the committee boat, the decision was made at 10:30 to hoist the 'Race Postponed' signal, and re locate the start to South Lamma, the usual location across the shipping channel. The decision paid-off, and IRC division followed by HKPN A&B (combined) set off 20mins behind schedule on Courses 45A and 45B, respectively. A SS Westerly 9 knot breeze on a relatively flat sea made for idyllic conditions apart from outward tidal flow; taking this into consideration, some savvy skippers tacked in towards Lamma and made good progress snugging the coastline towards Yuen Kok and P1 Buoy mark.

There was a split of the fleet at P1, with IRC boats undertaking a port rounding and beat towards Weather Beacon, HKPN taking a shorter course from P1 to P6 Buoy. The course worked well, as lead boats from both divisions merged heading towards the finish line located just beyond the typhoon shelter at Yung Shue Wan. Most had hoisted asymmetrical spinnakers, making a fine spectacle.

In a closely contested dash for line honours, *Neo One* just pipped *Red Eye* in IRC, closely followed by *Generations* taking HKPN. During this period, the wind had picked up and shifted, which required boats to tack a number of times. *Surf Dude* took this opportunity to hone their line crossing manoeuvres!

As RO, one very important task was selecting the eatery, and Sampan Seafood Restaurant was chosen. Unfortunately, *Intrigue* misheard the radio announcement and headed towards Sok Kwu Wan (Picnic Bay), wondering where everyone had gone! Meanwhile, at the other side of the peninsula, 7 boat crews enjoyed good fare and refreshments. At this stage in the day, the weather changed somewhat and a heavy downpour with 80km wind kicked in. The order of the day was to make for ABC main Clubhouse bar.

A thank you to Jennifer, our assistant Marine & Sailing Manager; also to Tai Fuk on the committee boat and Sai Fuk for mark laying.







Tai Fuk



Off Yuen Kok peninsula



Red Eye finishing



501 battens down the hatches



Generations



Andiamo



Wonderwall



501



Jarrah



# Sham Wan, Lamma - Hong Kong's Turtle Beach

*Please do not disturb in summer,  
in hopes turtles will return to breed*

*By Martin Williams, Photo credit to the Agriculture, Fisheries and Conservation Department*

**W**hile four of the world's eight species of sea turtles have been recorded in Hong Kong, only one breeds here - the green turtle, which is one of Hong Kong's largest animals, sometimes reaching around 1.5 metres long, and weighing over 200 kilograms.

While it may have nested in widespread places in the past, as reflected in the name of Turtle Cove on Hong Kong Island, in recent years most nesting records have been from Sham Wan, southern Lamma. In 1991, the beach here was declared a Site of Special Scientific Interest, and nowadays

it is closed to visitors from 1 June to 31 October each year, to safeguard any nesting turtles that may arrive.

Sadly, even with this protection, numbers of nesting turtles have fallen - maybe because of some hunting in other places, but also as factors like pollution and overfishing may have reduced the seagrass, algae and creatures such as shrimps and squid that green turtles feed on. While five nesting females were recorded in 1998, there were just single females in five years since, two in 2003; and none since 2012. Just four were recorded nesting at other places during these years.







In a bid to boost survival rates, staff from the Agriculture, Fisheries and Conservation Department have collected eggs, and incubated them in their Kowloon headquarters - even carrying back buckets of sand, so the hatchlings could recognise the chemical signature of their home beach. These hatchlings were then carefully released back at Sham Wan, in hopes they could grow to adulthood, and later return to breed in perhaps 20 to 30 years' time.

Little is known about where these hatchlings would go, nor the migrations of the adults that nest here, though some indication was given by satellite tracking of a female from Sham Wan, which headed to the east coast of Hainan, and spent some time there.

This fits results from two nesting turtles at Gangkou Sea Turtle Reserve, in Huizhou, east of Hong Kong - which also headed to Hainan; though a third satellite tracked female travelled to Okinawa.

If the turtles do return, they might find Sham Wan is not always too welcoming, as some pleasure boats head there in summer, with occasional wakeboarding, jet skiing and other activities disturbing the waters, some people even landing on the beach. So if you do visit Sham Wan in summer, please keep disturbance to a minimum; while head elsewhere for watersports.

Plus, anywhere in Hong Kong waters, keep a lookout for turtles - and if you see one, the AFCD would welcome information, along with a photo of two if possible, which you can send to: [mailbox@afcd.gov.hk](mailto:mailbox@afcd.gov.hk) (and if you happen to see nesting, please otherwise keep the location secret).







RECIPROCAL CLUB

# Next Stop: Vancouver



## VANCOUVER ROWING CLUB

Nestled in Stanley Park the Vancouver Rowing Club is the city's oldest amateur sports organization, home to field hockey, rowing, rugby and yachting. The clubhouse is among Vancouver's heritage buildings. The Yachting Section hosts a series of group boating rendezvous or 'Cruises' on every long weekend of the year, sailing to a variety of beautiful destinations in Howe Sound and the Gulf Islands including the Club's four Outstations. Each Cruise has a different theme and variety of group activities. Notification of upcoming Cruises including the event details are advertised a month in advance, including under the Cruising heading of the Yachting Section's web page: [www.vancouverrowingclub.ca](http://www.vancouverrowingclub.ca). If you wish to visit the Reciprocal Club, please contact Cobo for an introduction letter.







## Aberdeen Boat Club Announces

Unbeatable price to hold your company's meeting event / social gathering.

Minimum 20 Pax Curry Buffet  
Or  
Set Lunch / Dinner

w/ Free Flow Coffee & Tea. ONLY \$190 Per Head

2 Hours  
Free Flow Wines, Beers,  
Soft Drink & Juice ADD ONLY \$90 Per Head

### ADDITIONAL SPECIAL

**ROOM CHARGE : FREE**  
**STAFF CHARGE : FREE**

FOR A LIMITED PERIOD

**JUNE TO SEP 2019**

**ONLY!!!**

**Booking under first come first serve basis !**

**Newly Rennovated Harbour Room.**

**New Projector & Screen**

**New Bar & Decoration**

**Tel : 2552 8182**

**E-mail : [fnb@abelubhk.com](mailto:fnb@abelubhk.com)**





## JULY PROMOTIONS

### The Galley & The Patio

New Summer Dishes 1.0

### The Four Peaks Restaurant

New Summer Dishes



## AUGUST PROMOTIONS

### The Galley & The Patio

New Summer Dishes 1.1

### The Four Peaks Restaurant

New Summer Dishes



Aberdeen Boat Club 香港仔遊艇會

### July Cocktails of the Month

#### Mixed Berry Mojito

HK\$70/ HK\$48 (non-alcohol)

- White Rum, Creme de Cassie
- Fresh Lime & Mint and Mixed Berries
- Splashed with Soda Water

#### Mango Colada

HK\$ 65 / HK\$ 45 (non-alcohol)

- White Rum and Vanilla Liqueur
- Mango Puree
- Coconut Smoothies Powder
- Garnished with Fresh Mango Cream



### August Cocktails of the Month

#### Strawberry Moscow Mule

HK\$65/ HK\$45 (non- alcohol)

- Sky Vodka
- Fresh Strawberries, muddled well
- Fresh Lime and Basil Leaves
- Splashed with Ginger Beer

#### Summer Iced Spanish Coffee

HK\$48 (non- alcohol)

- Double Espresso
- Scoop Vanilla Ice Cream
- Caramel Extract Sauce on top, with Whipped Cream, and Biscuit Stick



## July Wine of the Month Promotion



**DE STEFANI**

**De Stefani Pinot Grigio DOC 2018**  
**De Stefani Cabernet Sauvignon DOC 2014**  
 \$55 / glass    \$250 / bottle

**A Highly Awarded Italian Winery From Veneto...**

*Three four generations De Stefani produces wines of great quality that have been recommended by the most important wine guides and highlighted by the most acclaimed wine critics.*

*Roberto Gualtieri, the Asia Brand Ambassador for De Stefani is proud and pleased to promote his wines to the distinguished members of the Aberdeen Boat Club Hong Kong.*

**De Stefani Pinot Grigio DOC 2018**  
*"Pinot Grigio impresses for the intensity of its aroma, which goes from ripe grapes and exotic fruit to spices and lavender almond, revealing at the palate softness and long persistence."*

**De Stefani Cabernet Sauvignon DOC 2014**  
*"Our Cabernet Sauvignon guarantees a pleasant complexity of its structure, with a fruity and a spicy after taste."*



**WL**  
WINE & SPIRITS



## BEER OF THE MONTH

Gweilo IPA is a session style beer, perfect for the heat of Hong Kong. It is intensely dry hopped with Mosaic, creating a bold nose of melon, citrus and pine. This is nicely balanced by a malty backbone, delivering an IPA punching well above its weight.

鬼佬印度淡色艾爾(Gweilo IPA) 是一款社交型啤酒(Session Style Beer)。釀製過程中加入大量的 Mosaic 啤酒花進行冷泡, 為酒體帶來撲鼻的蜜瓜、柑橘及松脂香氣, 配合飽滿的麥芽酒體衍生出極具穿透力的 IPA。

ABV 4.8% IBU 50



**\$39 PER BOTTLE**

## August Wine of the Month Promotion



**WINE OF THE MONTH**

**Mendel Malbec LUNTA 2016**  
 Mendoza, Argentina  
 Variety: 100% Malbec

Aromas of raspberries, citrus and blackberries with floral aromas of violets. On the palate, it is smooth, fruity and easy to drink. Its balance between its floral and fruity notes with its acidity give this Malbec intensity, freshness and liveliness.

**HK\$58 /Glass**  
**HK\$260 /Bottle**

**Mendel Lunta Torrontes 2017**  
 Mendoza, Argentina  
 Variety: 100% Torrontes Ribera

Aromas of pineapple, passion fruit and orange and stone fruit with equine notes of white flowers like jasmynes. The wine opens with citrus notes blend in harmoniously with the aromas of tropical fruit and white flowers. Round, medium persistence.

**HK\$58 /Glass**  
**HK\$260 /Bottle**




**HELLES**

**HELLES**  
 Golden and clean;  
 Bright and unfiltered Pale Lager;  
 Retaining all the flavours of the ingredients that had long entranced mankind

ABV: 5%    IBU: 25

**\$59 /bottle**

Hong Kong Brewery of the Year 2019  
 Berlin International Beer Competition

hklowcraft.com  
 hklowcraft





F&B PROMOTION

# Summer BBQ at The Patio



**The Patio  
Saturday, 6 July  
7pm**

What better way to celebrate summer than with a delicious BBQ on the Grill?

There will be everything from steaks and burgers, to seafood and premium sausages; and it's all you can eat!

Adult: **\$229** only

Concessionary price for members over 65 years of age: **\$179** only

Children (3-12yrs old): **\$129** only



Aberdeen Boat Club 香港仔遊艇會

## Semi-Bufferet SURF & TURF NIGHT

with Free Wine Tasting for home delivery

Fresh garden salads, starters, premium cold-cuts and delectable desserts on buffet. Mains to order from the menu; choice of premium US Beef OR Free Range Chicken OR Grass Fed Australian Lamb AND King Prawns with appetizing sides.

**It's the Summer Sale!**

Adult: **HK\$197** ONLY

Concessionary price for members over 65 years of age: **HK\$157** ONLY

Children (3-12yrs old): **HK\$97** ONLY, with same choice of mains in kids portions OR may order à-la-carte

*The Galley & The Patio  
Saturday, 27 July, 7pm*



Aberdeen Boat Club 香港仔遊艇會



## EXCLUSIVE BURGUNDY WINE DINNER WITH MR. FLORIAN BEAUBOUCHEZ

**The Four Peaks Restaurant**  
**Friday, 9 August, 7pm**

This event is by invitation and on a first come, first served basis. Please email Robin at [fnb@abclubhk.com](mailto:fnb@abclubhk.com) to be included in the VIP invite list for these exclusive events!

\*Extremely limited seats

**Please book early to avoid disappointment**



Aberdeen Boat Club 香港仔遊艇會

## SEA Food Festival

with Free Wine Tasting for home delivery

***The Galley & The Patio,***  
***Saturday, 17 August, 7pm***

Summer specials with delicacies from South East Asia. There will be unlimited choices of fresh salads, starters, chilled seafood and a range of foods from Malaysia, Singapore, Vietnam, Thailand, Indonesia and Philippines.

***The Summer Sale continues!***

Adults: **HK\$199 ONLY**

Concessionary price for members  
over 65 of age: **HK\$159 ONLY**

Children (3-12yrs old): **HK\$99 ONLY**



Aberdeen Boat Club 香港仔遊艇會



## F&B PROMOTION

### Bombay Street Food Gala

Saturday, 24 August, 7pm

Welcoming Autumn, this night will be

filled with savouries from medieval

Bombay's Irani cafés – featuring

varieties of famous street foods like

pani puris, bhajis, dosas and more,

then famous ABC curries, tandoori,

naans. These mouth-watering dishes

can be followed with delectable

Indian desserts!

Adults: **HK\$228** only

Concessionary price for members

over 65 years of age: **HK\$188**

Children (3-12yrs old): **HK\$128**



Aberdeen Boat Club 香港仔遊艇會

## 自備食物盒 可獲**95折**

### Bring Your Own Box Get Your Money Back

**Bring Your Own  
Takeaway Box**

Or  
**Coffee  
Cup**



Receiving

**5%**

Discount



Request For Take Away Boxes  
**HK\$10 Charge for each**

From 1 January 2019, any box for takeaway will be charged at HK\$10 each.

If you bring your own container or coffee cup, you will be entitled to 5% off the main menu price.

(This does not apply to the take away menu that is already discounted)

# Home Wine Delivery July 2019

Free Wine Tasting (Saturday 27 July) 6:30-8:30pm

SPARKLING	Selling Price	Qty	Amount
<b>De Stefani Prosecco 0.15 Millesimato Dry 2017 – Veneto, Italy</b> Fruity bouquet with intense scents of apple, banana and with a flowery finish, medium body, smooth, with a great personality.	HK \$145		
CHAMPAGNE	Selling Price	Qty	Amount
<b>Champagne Cattier Dry Rose NV – Champagne, France</b> Fruity nose with fresh red berries and slightly brioche notes, scents of fresh clementine, lime and vanilla. Round and gourmand mouth, intense red fruit.	HK \$295		
WHITE WINE	Selling Price	Qty	Amount
<b>Castelforte Soave Colli Scaligeri DOC 2016 – Soave, Italy</b> Elegant, fresh and fruity. A refined wine with a delicate perfume of white flowers and exotic fruit. Dry, elegant and intense, with a pleasant acidity and a mineral note on the finish.	HK \$100		
<b>De Stefani Venis IGT 2016 – Veneto, Italy <i>Luca Maroni 91 pts</i></b> Straw yellow colour, a firm aromatic bouquet with notes of citrus fruit and elder-tree, wide and important taste, a good minerality.	HK \$180		
<b>Dr. Loosen Blauschiefer Riesling 2016 (Blue Slate) – Mosel, Germany</b> Aromas of slate, finely fruity. A delicate body with a refreshing refreshing acidity and aromas of green fruit, apple, kiwi, watermelon and some lime.	HK \$160		
RED WINE	Selling Price	Qty	Amount
<b>Chateau Marsau 2011 – Bordeaux, France <i>James Suckling 91 pts</i></b> Heralded by Robert Parker as “The Petrus of the Cotes de Francs”. The nose expresses a sweet mixture of red and black fruit aromas, followed by notes of vanilla.	HK \$185		
<b>Château Destieux 2007, St. Emilion Grand Cru Classe – Bordeaux, France <i>Robert Parker 88-90 pts</i></b> Full-bodied and tannic, these wines offer an elegant structure and develop very rich, fruity aromas. They have a good potential to improve with age.	HK \$350		
<b>De Stefani Soler IGT 2014 – Veneto, Italy <i>Luca Maroni 93 pts</i></b> Deep ruby colour, intense scents of ripe fruit, prunes, violet, with ethereal and spicy notes; full body, very important structure, with layers of silky tannins and a complex bouquet.	HK \$210		
<b>Castelforte Amarone della Valpolicella DOCG 2014 – Valpolicella, Italy</b> Notes of cherry jam, ripe black cherries and spicy notes of vanilla and licorice. Full Bodied with fruity finish.	HK \$270		
	<b>Grand Total :</b>		

Member Name: Mr. / Ms / Mrs. Membership Number: \_\_\_\_\_

Tel No: (Office) \_\_\_\_\_ (Home) \_\_\_\_\_

Delivery Address: \_\_\_\_\_

Delivery Date: \_\_\_\_\_ Member Signature: \_\_\_\_\_

Total amount will be charged to Member's account. Order accepted by mail, fax or in person.

Contact the Food & Beverage Department at 2555 6216 or Fax: 2873 2945

FREE delivery will be offered for purchase over 12 bottles, please allow 3 working days for delivery.

All wines are subject to availability



# Home Wine Delivery August 2019

*Free Wine Tasting (Saturday 17 August) 6:30 at The Galley & The Patio!!*

CHAMPAGNE	Selling Price	Qty	Amount
<b>Champagne Drappier Millesime Exception 2012, Urville, France</b> A very complex, rich nose revealing hints of white fruits, almond and fresh ginger. In the mouth it is lightly creamy with good tightness and a suggestion of brioche.	HK \$490		
WHITE WINE	Selling Price	Qty	Amount
<b>Calera Central Coast Chardonnay 2016, Central Coast, USA</b> Aromas of jasmine, vanilla bean and passion fruit rise from the glass revealing this wine's youthful charm. On the palate, layers of green apple, grapefruit and pineapple are framed by subtle oak and refreshing acidity.	HK \$225		
<b>Guerrieri Rizzardi Costeggiola Soave Claasico 2017, Veneto, Italy</b> Right balance between expressive citrus and stone fruit and freshness with the consistency in Costeggiola's structure and crisp backbone.	HK \$145		
<b>Goldwater Sauvignon Blanc 2017, Marlborough, New Zealand</b> Aromas of stone fruit and passionfruit. Subtle citrus notes provide a further lift. The palate displays real fruit intensity accentuated by rich ripe flavours with tropical and citrus nuances.	HK \$155		
<b>Juniper Crossing Riesling 2017, Margaret River, Australia</b> Citrus blossom, fresh lime and pink grapefruit notes intertwined with hints of Turkish delight, ginger and cinnamon. A juicy palate of ripe pear and mandarin is balanced by natural acidity.	HK \$145		
RED WINE	Selling Price	Qty	Amount
<b>Le Pavillon Pauillac 2006, Bordeaux – Pauillac, France</b> Intense dark red colour. To the nose, dark fruit very ripe, along with vanilla notes. The attack is soft and fleshy, evolving to a rich and generous taste.	HK \$245		
<b>Calera Central Coast Pinot Noir 2016, Central Coast, USA</b> Lovely aromatics, soft, velvety tannins and vibrant fruit. On the palate, layers of Bing cherry, wild strawberry and sassafras are underscored by hints of white pepper and baking spices.	HK \$320		
<b>Chateau Tour d' Auron Bordeaux 2015, Bordeaux, France</b> This deep gamet coloured wine has a nose of licorice and leather, with a round, elegant touch on palate.	HK \$115		
<b>Napa Cellars Cabernet Sauvignon 2016, California, USA</b> Elegant and concentrated aromas of black currant, ripe loganberry, ripe fig, and mocha tones with some mild, warm spice notes in the background.	HK \$250		
	<b>Grand Total :</b>		

Member Name: Mr. / Ms / Mrs. Membership Number: \_\_\_\_\_

Tel No: (Office) \_\_\_\_\_ (Home) \_\_\_\_\_

Delivery Address: \_\_\_\_\_

Delivery Date: \_\_\_\_\_ Member Signature: \_\_\_\_\_

Total amount will be charged to Member's account. Order accepted by mail, fax or in person.  
 Contact the Food & Beverage Department at 2555 6216 or Fax: 2873 2945  
**FREE delivery will be offered for purchase over HK\$1,600**, please allow 3 working days for delivery.  
 All wines are subject to availability



# KEBAB 2 GO

香港仔遊艇會會員享有

We welcome all members of the Aberdeen Boat Club to enjoy the following offers

**20% OFF**  
on all food items

Add: 2F, G/E, Smithfield Terrace,  
71-77 Smithfield road, Kennedy Town HK  
Tel: 28171711. Email: Kebab2go.hk@gmail.com

**NAANZA**  
BAR + KITCHEN

香港仔遊艇會會員專享有

We welcome all members of the Aberdeen Boat Club to enjoy the following offers

**20% OFF**

on all food items

**Happy Hours rate on all beverages**

Add: LG/E, 31C-31D, Wyndham Street Central LKF  
Tel: 28691711. Email: naanzalkf@gmail.com

## Advertise in the ABC Club Magazine

Reach the high net-worth group & Boat Community



The CLUB Magazine is a bi-monthly publication that is distributed to the Club Members every two months (Jan, Mar, May, Jul, Sep & Nov) by post. The magazine has a circulation of nearly 1,400 and a readership of approximately 4,000 adults (of whom many are parents) and children. It provides a unique channel to reaching the high net-worth group & boat community in town.

**And we offer special discounts!**

**30%** discount for ABC Club Members

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